

NOBEL

The Heart of a High EQ Organization

Leadership *with* Emotional Excellence

The Heart of High EQ Leaders

A 2-Day RESULTS-DRIVEN Workshop

By Dr. Leonard Yong

"An emotionally intelligent organisation is one where its leaders and their followers exhibit a high level of emotional excellence, which allows the organisation to connect with its most important assets — people. When this “special” connection exists, people begin to fully engage & commit themselves — simply because leaders know how to lead from their hearts."

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Leadership with Emotional Excellence



In my 25 years of researching, teaching, training and consulting, I have witnessed Emotionally Excellent leaders are able to create, what I call, the heart of an emotionally intelligent organisation.

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When people are engaged, they are willing to give their fullest commitment towards achieving the goals of the organisation. They will be inspired to give their best, work from their hearts and channel their creative energies, to perform at a higher level. In this program I will be sharing with you insights to achieving Emotional Excellence and how to get people connected, motivated and engaged at a higher level.

I will show you with concrete examples the steps involved in developing an emotionally excellent organisation. When leaders have a high level of Emotional Excellence, they become the catalyst and the heart of an emotionally intelligent organisation. Research has proven the relationship between “High EQ Organisations” and their contribution towards improved financial and business performance. It is proven again and again that, IQ alone is not enough, it is EQ that make the difference. Come and See for yourself how emotional excellence can enable you to develop people relationship and keep them inspired, engaged and committed in the workplaces and at home. The program will go a long way towards high EQ living and leadership.

Leonard Yong, PhD; M.Ed; B.Sc

Introduction

Emotional Excellence can be learned. Knowing yourself is a good way to learn about EQ. During the program, you will find out your personality orientation using the LPI Personality Profiling Assessment. This will help you gain insights into knowing yourself. It will reveal your strengths and weaknesses and help you manage your own emotions; learn more about other people's personalities and their emotional make up. You will learn how to accept yourself, breakthrough your own limitations, be more creative, work more productively with team members and live a more holistic and enriching life.

By learning to activate your creative right brain that deals with emotions, creativity and artistic endeavors, it will help you to change the way you perceive life situations, your perceptions of what is going on around you, improve your social awareness and manage your relationships with others in a more positive manner. You will learn a powerful technique to manage life's stresses and begin to live your life with purpose and joy. In Short, you begin to experience the fruits of being emotionally excellent.

Over the years, many have experienced the fruits of this life-changing program. Many lives have been transformed. Many stories have been reported, where healing has taken place, resulting in healthier and more positive relationships with bosses, peers, friends and family members. Many people have regained control over and restore their lives and found the key to work-life balance. This is possible when High EQ leaders are leading with the Heart of a Shepherd.

Methodology

Dr. Leonard Yong will use proven assessment tools, learning methodologies, short lecture, inspiring stories, concrete examples, highly interactive learning modes combining learning activities and video clips to engage the participants to activate their emotions and bring about a transformation in their workplace and family.

Key Benefits

- Know your personality orientation and how it affects your emotions.
- Better manage emotions and reduced stress levels.
- Remain steadfast and resilient with high EQ principles.
- Stay healthy and live a longer and fuller life.
- Stay positive and focused in appreciation of the present.
- Be more flexible in dealings with others.
- Be more creative and open to ideas.
- Heal broken relationships, build stronger and meaningful relationships.
- Be trustworthy and gain high rapport with people.
- Be a more effective and innovative leader.
- Have a positive and healthy work environment.
- Build high performing teams and a high EQ organization.

Objectives of the Program

- Define Emotional Excellence, EQ and the heart of a high EQ Organisation.
- Learn your own personality orientation.
- Understand how perception influences a person's behavior.
- Identify the different emotional orientations (perception of self) using LEONARD Personality Inventory (Intrapersonal Skill).
- Understand how conflicts arise using the LEONARD model (Data, Action, Task and Relations oriented behavior and potential conflicts).
- Understand and Develop the Creative Potential within yourself and others.
- Learn the TENT technique to achieve Emotional Excellence – to achieve a balance in your life.
- Adopt a holistic approach in dealing with life pressure, stress and conflicts.
- Apply emotional excellence in dealing with others, team members and in leading the organization.
- Learn and apply the 2 basic principles of life.
- Understand, adapt and know how to use high EQ leadership styles.
- Apply the concept and tools relating to Emotional Excellence to create the heart of a high EQ organization.
- Develop an action plan to take away and apply what has been learned.

Dr. Leonard Yong (PhD; MEd; B.Sc; DAPA) is Principal Consultant of Nobel Konsult. He is an internationally renowned consultant, trainer, inventor and author. He has worked in many countries internationally. He is also an Educational Psychologist. Dr. Yong was a Professor at University Malaya's Dept. of Educational Psychology and Counseling. He has consulted, researched and taught for more than 20 years in University Malaya, the top ranked university in Malaysia. Dr. Yong was also the pioneering Director of University Malaya Centre for Continuing Education.

Dr. Yong has received international global recognition for his research and consultancy work on creativity and emotional intelligence. Based on his pioneering work on the LEONARD Personality Inventory (LPI) and the LPI Software, and its use in helping individuals to develop their Emotional intelligence (EQ) and creativity, Dr. Yong has consulted and conducted countless training workshops on EQ and creativity thinking for leaders in organizations including British Petroleum (BP), Microsoft, Cathay Pacific, Securities Exchange Commission Thailand, Kuwait Petroleum Company, Saudi National Commercial Bank, Petroleum Development Oman, Chulalongkorn University, Reuters, Chularat Hospital Thailand, Siriray Hospital Thailand, Horwath International, Motorola, Shangri-La Hotel, Citibank, Nestle, Unilever, Petronas, Matsushita and many more.



International-Class Trainer's Profile

Dr. Yong has consulted and addressed groups in many countries including the United States of America, Austria, Britain, Australia, France, New Zealand, Germany, Italy, Russia, Japan, China, India, Korea, Indonesia, Mauritius, Bahrain, Saudi Arabia, Oman, Kuwait, UAE, Hong Kong, Singapore, Thailand and Papua New Guinea.

He was awarded the Fulbright-MACEE Award to undertake research on the creativity of Americans and the Japan Foundation Research Fellowship Award to conduct research on Japanese creativity. In recognition of his pioneering research work on EQ and personality, Dr. Yong was also awarded the EU-UMESP Senior Research Fellowship to conduct personality research on European leadership styles based on the LEONARD Personality Inventory in Italy, Germany and Scotland.

Dr. Yong's books include the LEONARD Personality Inventory, Emotional Excellence in the Workplace, The Joy of Creativity-Creative Responses from Americans, Japanese and Malaysians and Creativity: A study of Malaysian Students. His articles have appeared in journals such as Perceptual & Motor Skills, The Journal of Creative Behavior and Education Quarterly. He is member of the American Psychological Association, American Psychotherapy Association, American Counseling Association, Malaysian Psychotherapy Association and the Malaysian Psychological Association.